



6400 SW Rosewood St.
 Lake Oswego, OR 97035
 Phone: (503) 694-1600

Quality Control Analytical Report

Company	Trü2u	Manufacture Date	September 23, 2025
Product	I am Calm - L-Theanine	Bulk Lot Number	515-0034
Master Formula Reference	MP515	Expiration Date	09/28
Bottle Product Code	5515-060-TRU		

PHYSICAL PROPERTIES

Test Description	Specification	Result	Method
Color	White	Complies	Organoleptic - House
Capsule Description	#0 Vegetable Capsule	Complies	House
Average Total Capsule Weight	492 mg (+/- 10%)	489 mg	USP <2091>

HEAVY METAL PROPERTIES

Test Description	Specification	Result	Method
Aluminum	Report Only	<0.650 ppm	ICP-MS
Antimony	Report Only	<0.010 ppm	ICP-MS
Arsenic	Report Only	<0.010 ppm	ICP-MS
Barium	Report Only	<0.050 ppm	ICP-MS
Cadmium	Report Only	<0.005 ppm	ICP-MS
Chromium	Report Only	0.116 ppm	ICP-MS
Lead	Report Only	0.039 ppm	ICP-MS
Mercury	Report Only	<0.005 ppm	ICP-MS
Tin	Report Only	<0.010 ppm	ICP-MS

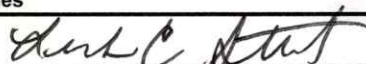
BIOLOGICAL PROPERTIES

Test Description	Specification	Result	Method
Total Plate Count	≤1,000 cfu/g	<10 cfu/g	FDA-BAM 3.01
Yeast & Mold	≤100 cfu/g	<10Y/<10M cfu/g	AOAC 2014.05
Enterobacteriaceae	≤100 cfu/g	<10 cfu/g	AOAC 2003.01
<i>E. coli</i>	Negative in 10g	Negative in 10g	USP NF <62> <2022>
<i>Pseudomonas aeruginosa</i>	Negative in 10g	Negative in 10g	USP NF 25 <62> Modified
<i>Salmonella</i>	Negative in 10g	Negative in 10g	USP <62> <2022>
<i>Staphylococcus aureus</i>	Negative in 10g	Negative in 10g	USP <62> <2022>

CHEMICAL PROPERTIES

Ingredients (per 1 capsule)	Label Claim	Specification	Result	Method
L-Theanine	250 mg	225 - 313 mg	256 mg	Titration (LT6049)
Other Ingredients: Microcrystalline Cellulose, Vegetarian Capsule (hypromellose and water), Magnesium Stearate (plant based)				

This quality control analytical report reflects reports by our supplier(s) and/or independent laboratories. This product has been manufactured in accordance with the master formulation listed above and in compliance with the customer specifications. The records were reviewed and found to be in compliance with cGMP.

Analyzed by: Purity Laboratories	Date of analysis: October 20, 2025
Released by: 	Date of release: 4-1-26