



6400 SW Rosewood St.
Lake Oswego, OR 97035
Phone: (503) 694-1600

Quality Control Analytical Report

Company	Trü2u	Manufacture Date	December 3, 2025
Product	I am Focused - B Complex	Bulk Lot Number	095-0125
Master Formula Reference	MP095	Expiration Date	12/27
Bottle Product Code	5095-120-TRU		

PHYSICAL PROPERTIES

Test Description	Specification	Result	Method
Color	Bright orange w/ white specks	Complies	Organoleptic - House
Description	#3 Vegetable Caps	Complies	House
Average Weight	234 mg (+/- 10%)	247 mg	USP <2091>

HEAVY METAL PROPERTIES

Test Description	Specification	Result	Method
Aluminum	Report Only	7.842 ppm	ICP-MS
Antimony	Report Only	0.207 ppm	ICP-MS
Arsenic	Report Only	0.043 ppm	ICP-MS
Barium	Report Only	0.324 ppm	ICP-MS
Cadmium	Report Only	<0.005 ppm	ICP-MS
Chromium	Report Only	0.652 ppm	ICP-MS
Lead	Report Only	0.018 ppm	ICP-MS
Mercury	Report Only	0.006 ppm	ICP-MS
Tin	Report Only	0.069 ppm	ICP-MS


BIOLOGICAL PROPERTIES

Test Description	Specification	Result	Method
Total Plate Count	≤1,000 cfu/g	<10 cfu/g	FDA-BAM 3.01
Yeast & Mold	≤100 cfu/g	<10 Y/<10 M cfu/g	AOAC 2014.05
<i>E. coli</i>	Negative in 10g	Negative in 10g	USP NF <62> <2022>
<i>Salmonella</i>	Negative in 10g	Negative in 10g	USP <62> <2022>
<i>Staph aureus</i>	Negative in 10g	Negative in 10g	USP <62> <2022>
<i>Pseudo aeruginosa</i>	Negative in 10g	Negative in 10g	USP NF 25 <62> Modified
Enterobacteriaceae	≤100 cfu/g	<10 cfu/g	AOAC 2003.01

CHEMICAL PROPERTIES

Ingredients (per 2 Capsules)	Label Claim	Specification	Result	Method
Vitamin B1 (as Thiamine Mononitrate)	30 mg	27 - 50 mg	35 mg	QC SOP
Vitamin B2 (as Riboflavin-5-Phosphate)	30 mg	27 - 47 mg	33 mg	QC SOP
Vitamin B3 (as Niacinamide)	20 mg	18 - 31 mg	25 mg	HPLC
Vitamin B6 (as Pyridoxal-5-Phosphate)	35 mg	32 - 55 mg	39 mg	QC SOP
Folate (as Folic Acid)	333 mcg DFE	300 - 674 mcg DFE	475 mcg DFE	QC SOP
Vitamin B12 (as Cyanocobalamin)	125 mcg	113 - 263 mcg	185 mcg	QC SOP
Biotin (as Biotin)	300 mcg	270 - 495 mcg	406 mcg	HPLC
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	9.0 - 18.0 mg	12.6 mg	QC SOP
Choline (as Choline Dihydrogen Citrate)	150 mg	135 - 227 mg	160 mg	QC SOP
Other Ingredients:Vegetarian Capsule (hypromellose and water), Silicon Dioxide, L-Leucine, Magnesium Stearate (plant-based)				

This quality control analytical report reflects reports by our supplier(s) and/or independent laboratories. This product has been manufactured in accordance with the master formulation listed above and in compliance with the customer specifications. The records were reviewed and found to be in compliance with cGMP.

Analyzed by: Purity Laboratories	Date of analysis: December 17, 2025
Released by: 	Date of release: 4-1-20