



6400 SW Rosewood St.
 Lake Oswego, OR 97035
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Quality Control Analytical Report

Company	Trü2u™	Manufacture Date	December 9, 2024
Product	I am Sleepy - Melatonin+Magnesium	Bulk Lot Number	037-0116
Master Formula Reference	MP037	Expiration Date	12/27
Bottle Product Code	5037-120-TRU		

PHYSICAL PROPERTIES

Test Description	Specification	Result	Method
Color	Off-white	Complies	Organoleptic - House
Capsule Description	#3 Vegetable Capsule	Complies	House
Average Total Capsule Weight	287 mg (+/- 10%)	289 mg	USP <2091>

HEAVY METAL PROPERTIES

Test Description	Specification	Result	Method
Aluminum	Report Only	61.425 ppm	ICP-MS
Antimony	Report Only	0.076 ppm	ICP-MS
Arsenic	Report Only	0.722 ppm	ICP-MS
Barium	Report Only	0.539 ppm	ICP-MS
Cadmium	Report Only	0.089 ppm	ICP-MS
Chromium	Report Only	7.437 ppm	ICP-MS
Lead	Report Only	0.121 ppm	ICP-MS
Mercury	Report Only	<0.005 ppm	ICP-MS
Tin	Report Only	0.068 ppm	ICP-MS

BIOLOGICAL PROPERTIES

Test Description	Specification	Result	Method
Total Plate Count	≤1,000 cfu/g	10 cfu/g	FDA-BAM 3.01 8 th Ed.
<i>E. coli</i>	Negative in 10g	Negative in 10g	USP NF <62> <2022>
Enterobacteriaceae	≤100 cfu/g	<10 cfu/g	AOAC 2003.01
<i>Pseudomonas aeruginosa</i>	Negative in 10g	Negative in 10g	USP NF 25 <62> Modified
<i>Salmonella</i>	Negative in 10g	Negative in 10g	USP <62> <2022>
<i>Staphylococcus aureus</i>	Negative in 10g	Negative in 10g	USP <62> <2022>
Yeast & Mold	≤100 cfu/g	<10Y / <10M cfu/g	AOAC 2014.05

CHEMICAL PROPERTIES

Ingredients (per 2 capsule)	Label Claim	Specification	Result	Method
Magnesium (from Magnesium Oxide)	200 mg	180 - 250 mg	198 mg	Titration (LT6050)
Melatonin	2 mg	1.8 - 3.0 mg	2.4 mg	SOP QC
Other Ingredients: Microcrystalline Cellulose, Magnesium Stearate (vegetable), Vegetarian Capsule (hypromellose and water)				

This quality control analytical report reflects reports by our supplier(s) and/or independent laboratories. This product has been manufactured in accordance with the master formulation listed above and in compliance with the customer specifications. The records were reviewed and found to be in compliance with cGMP.

Analyzed by: Purity Laboratories	Date of analysis: January 2, 2025
Released by: 	Date of release: 3.31.26