



6400 SW Rosewood St.
Lake Oswego, OR 97035
Phone: (503) 694-1600

Quality Control Analytical Report

Company	Trü2u	Manufacture Date	April 24, 2025
Product	I am Strong - Bone Support	Bulk Lot Number	587-0014
Master Formula Reference	MP587	Expiration Date	04/28
Bottle Product Code	5587-180		

PHYSICAL PROPERTIES

Test Description	Specification	Result	Method
Color	Off-white	Complies	Organoleptic - House
Capsule Description	#00 Vegetarian Capsule	Complies	House
Average Total Capsule Weight	1034 mg (+/- 10%)	1058 mg	USP <2091>

HEAVY METAL PROPERTIES

Test Description	Specification	Result	Method
Aluminum	Report Only	20.943 ppm	ICP-MS
Antimony	Report Only	0.011 ppm	ICP-MS
Arsenic	Report Only	0.184 ppm	ICP-MS
Barium	Report Only	1.624 ppm	ICP-MS
Cadmium	Report Only	0.621 ppm	ICP-MS
Chromium	Report Only	3.975 ppm	ICP-MS
Lead	Report Only	0.081 ppm	ICP-MS
Mercury	Report Only	<0.005 ppm	ICP-MS
Tin	Report Only	<0.010 ppm	ICP-MS


BIOLOGICAL PROPERTIES

Test Description	Specification	Result	Method
Total Plate Count	≤10,000 cfu/g	<10 cfu/g	FDA-BAM 3.01
Yeast & Mold	≤100 cfu/g	<10Y/<10M cfu/g	AOAC 2014.05
Coliforms	≤100 cfu/g	<10 cfu/g	AOAC 991.14
<i>E. coli</i>	Negative in 10g	Negative in 10g	USP NF <62> <2022>
Enterobacteriaceae	≤100 cfu/g	<10 cfu/g	AOAC 2003.01
<i>Pseudomonas aeruginosa</i>	Negative in 10g	Negative in 10g	USP NF 25 <62> Modified
<i>Salmonella</i>	Negative in 10g	Negative in 10g	USP <62> <2022>
<i>Staphylococcus aureus</i>	Negative in 10g	Negative in 10g	USP <62> <2022>

CHEMICAL PROPERTIES

Ingredients (per 3 capsule)	Label Claim	Specification	Result	Method
Vitamin C (from Calcium Ascorbate)	60 mg	54 - 95 mg	65 mg	QC SOP
Vitamin D (as Cholecalciferol)	10 mcg	9.0 - 22.3 mcg	10.9 mcg	HPLC
Calcium (from Carbonate, Bisglycinate, Ascorbate, Caseinate, Gluconate, Lactate)	800 mg	720 - 1020 mg	835 mg	QC SOP
Magnesium (from Magnesium Oxide, Bisglycinate)	100 mg	90 - 129 mg	105 mg	QC SOP
Betaine HCl	25 mg	23 - 51 mg	24 mg	LC-MS
L-Lysine HCl	25 mg	23 - 32 mg	26 mg	QC SOP
Other Ingredients: Vegetarian Capsule (hypromellose and water), Rice Extract Blend, Ascorbyl Palmitate				

This quality control analytical report reflects reports by our supplier(s) and/or independent laboratories. This product has been manufactured in accordance with the master formulation listed above and in compliance with the customer specifications. The records were reviewed and found to be in compliance with cGMP.

Analyzed by: Purity Laboratories & Harken Research	Date of analysis: 05/09/25, 5/23/25
Released by: 	Date of release: 4-2-26