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### Quality Control Analytical Report

Company	Trü2u™	Manufacture Date	October 6, 2025
Product	I am Whole - Advanced Multivitamin	Bulk Lot Number	484-0021
Master Formula Reference	MP484	Expiration Date	10/27
Bottle Product Code	5484-120-TRU		

#### PHYSICAL PROPERTIES

Test Description	Specification	Result	Method
Color	Tan w/ black & white specks	Complies	Organoleptic - House
Capsule Description	#0 Vegetable Capsules	Complies	House
Average Total Capsule Weight	713 mg (+/- 10%)	718 mg	USP <2091>

#### HEAVY METAL PROPERTIES

Test Description	Specification	Result	Method
Aluminum	Report Only	15.517 ppm	ICP-MS
Antimony	Report Only	0.059 ppm	ICP-MS
Arsenic	Report Only	0.265 ppm	ICP-MS
Barium	Report Only	0.452 ppm	ICP-MS
Cadmium	Report Only	0.086 ppm	ICP-MS
Lead	Report Only	0.055 ppm	ICP-MS
Mercury	Report Only	<0.005 ppm	ICP-MS
Tin	Report Only	0.049 ppm	ICP-MS

#### BIOLOGICAL PROPERTIES

Test Description	Specification	Result	Method
Total Plate Count	≤1,000 cfu/g	<10 cfu/g	FDA-BAM 3.01
Yeast & Mold	≤100 cfu/g	<10Y / <10M cfu/g	AOAC 2014.05
Coliforms	≤10 cfu/g	<10 cfu/g	AOAC 991.14
Enterobacteriaceae	≤100 cfu/g	<10 cfu/g	AOAC 2003.01
<i>E.coli</i>	Negative in 10 g	Negative in 10 g	USP NF <62> <2022>
<i>Pseudomonas aeruginosa</i>	Negative in 10 g	Negative in 10 g	USP NF 25 <62> Modified
<i>Salmonella</i>	Negative in 10 g	Negative in 10 g	USP <62> <2022>
<i>Staphylococcus aureus</i>	Negative in 10 g	Negative in 10 g	USP <62> <2022>

#### CHEMICAL PROPERTIES

Ingredients (per 2 capsules)	Label Claim	Specification	Result	Method
Vitamin A (as Retinol Acetate)	1050 mcg RAE	945 - 2159 mcg RAE	1317 mcg RAE	SOP QC
Vitamin A (as Beta Carotene)	450 mcg RAE	405 - 1003 mcg RAE	612 mcg RAE	SOP QC
Vitamin C (as Ascorbic Acid, Magnesium Ascorbate)	350 mg	315 - 543 mg	387 mg	Titration (LT6046)
Vitamin D3 (as Cholecalciferol) 1000 IU	25 mcg	23 - 54 mcg	33 mcg	SOP QC
Vitamin E (as d-Alpha Tocopherol Acetate) 30 IU	20 mg	18 - 42 mg	21 mg	SOP QC
Vitamin B1 (as Thiamine Mononitrate)	6 mg	5.4 - 9.0 mg	6.0 mg	SOP QC
Vitamin B2 (as Riboflavin)	6 mg	5.4 - 9.6 mg	6.4 mg	SOP QC
Vitamin B3 (as Niacinamide)	20 mg	18 - 31 mg	21 mg	SOP QC
Vitamin B6 (as Pyridoxine HCl)	6 mg	5.4 - 9.0 mg	6.0 mg	SOP QC
Folate (as 5-MTHF Calcium Salt) 400 mcg	666 mcg DFE	599 - 1149 mcg DFE	782 mcg DFE	HPLC
Vitamin B12 (as Cyanocobalamin)	120 mcg	108 - 252 mcg	169 mcg	SOP QC
Biotin	100 mcg	90 - 158 mcg	106 mcg	SOP QC
Vitamin B5 (as D-Calcium Pantothenate)	10 mg	9.0 - 16.5 mg	11.1 mg	SOP QC
Iron (from Ferrous Bisglycinate Chelate)	5 mg	4.5 - 6.4 mg	5.1 mg	SOP QC
Iodine (from Potassium Iodide)	150 mcg	135 - 326 mcg	182 mcg	SOP QC
Magnesium (from Magnesium Oxide, Ascorbate, Bisglycinate Chelate)	200 mg	180 - 259 mg	209 mg	SOP QC
Zinc (from Zinc Citrate)	27 mg	24.3 - 34.0 mg	25.6 mg	EPA 6020B
Selenium (from Selenium Glycinate Complex)	70 mcg	63 - 118 mcg	74 mcg	SOP QC
Manganese (from Manganese Citrate)	2 mg	1.8 - 2.6 mg	2.1 mg	SOP QC
Chromium (from Chromium Nicotinate Glycinate Chelate)	120 mcg	108 - 198 mcg	158 mcg	ICP-MS
Molybdenum (from Molybdenum Glycinate)	75 mcg	68 - 125 mcg	79 mcg	SOP QC
Kirkman Proprietary Blend (Coenzyme Q10, Resveratrol)	50 mg	45 - 64 mg	52 mg	SOP QC
Other Ingredients: Vegetarian Capsules (hypromellose and water), Magnesium Stearate (plant based)				

This quality control analytical report reflects reports by our supplier(s) and/or independent laboratories. This product has been manufactured in accordance with the master formulation listed above and in compliance with the customer specifications. The records were reviewed and found to be in compliance with cGMP.

Analyzed by: Purity Laboratories, Element, & Harken Research	Date of analysis: 10/20/2025, 4/7/2026, 4/13/2026
Released by:	Date of release: 4.13.26